

Course Outcome

B.A.-III (Semester-V)

Class: B.A.-III Semester-V

Semester : Odd

Subject : Health & Physical Education

Paper : UG

Sr. No.	Course Outcome
CO1	Gaining knowledge about growth and development
CO2	Knowledge of respiratory system.
CO3	Study about sport injuries, prevention and treatment.
CO4	Studying the concept of shuddhi kiryas.

Course Outcome

B.A.-III (Semester-VI)

Class: B.A.-III Semester-VI

Semester : Even

Subject : Health & Physical Education

Paper : UG

Sr. No.	Course Outcome
CO1	Gaining knowledge about socialization and effects of social behaviour on performance of sports person.
CO2	Study about importance of first aid.
CO3	Knowledge of leadership and qualities and professional qualifications of physical education teachers/coaches.
CO4	To study the aspects of digestive system and effects of exercise on digestive system.